LIST OF FRIDAY ACTIVITIES (CLASS I 2026-27)

S.No.	Date	Activity	Learning Outcome
1	April 10, 2026	**Ice Breaking Activity-** Students will prepare an emotions wheel through which they tell their feelings in different situations.	**C4.2-** Recognises different emotions and makes a deliberate effort to regulate them appropriately.
2	April 17, 2026	**Design Class Rules** - Students will frame rules and regulations for class with their class teacher.	**C 1.4-** Adopts and follows norms with agency and understanding.
3	April 24, 2026	**My Healthy Bite (Culinary Art) (Intra-Class Competition)** Students will prepare their healthy lunch box and discuss its nutritious value.	**C- 1.1-** Shows a liking for and understanding of nutritious food and does not waste food.
4	May 08, 2026	**Mother's Day Crown** Students will prepare a crown for their mother on the theme —My Super Mom.	**C- 12.3-** Innovates and works imaginatively to express ideas and emotions through the arts.
5	May 15, 2026	**Shuuuu…..** Students will write a secret about their life on a piece of paper without mentioning their name. The teacher will share the secrets with everyone and other children will try to guess the name of the child whose secret is being read by the students. .	**C10.8 -** Express their understanding and experiences.
6	May 22, 2026	**Touch of Nature (Birdhouse)** **Intra Class Competition** Students will design and build a bird house using natural or recycled materials, learning about birds' needs, habitats, and how to care for nature. They'll decorate and display their bird houses, reflecting on how small actions help protect wildlife.	**C-10.7** Environmental awareness and appreciation of wildlife , Fine motor skills in selecting and using materials.

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7	July 10, 2026	**My Times (Craft a Journal)** Students will paste the selected cutouts from the newspaper/magazine on an A4 size sheet. They will choose a unique name for the newspaper. Students will make sure that all kinds of necessary news should be included in the newspaper i.e. sports news, educational news etc.	**C-10.7-** Reads and comprehends the meaning of short news items, instructions and recipes, and publicity material.
8	July 17, 2026	**English Handwriting** (Intra- class Competition)	**C- 10.3** Recognizes all the letters of the alphabet (forms of Akshara) of the script and uses this knowledge to read and write words)
9	July 24, 2026	**"Newspaper Bag Bonanza"** Students transform old newspapers into eco-friendly bags. Through simple folding and gluing techniques, students learn about sustainability and recycling while creating functional items.	**C- 13.3** Observation, wonder, curiosity, and exploration: Observes minute details of objects, wonders and explores using various senses, tinkers with objects, asks questions.
10	July 31, 2026	**Charades Challenge** Students take turns acting out simple words or phrases while their classmates guess what they are portraying. The student with the most correct guesses wins.	**C- 12.2** Explores and plays with own voice, body, spaces, and a variety of objects to create music, role play, dance and movement.

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11	August 7, 2026	**Story Telling Competition** Children will narrate story with facial expressions, props and correct pronunciation.	**C-2.3** Differentiates sounds by their pitch, volume and sound patterns by their pitch, volume and tempo
12	August 14, 2026	**Role Play Activity** **(Unsung Heroes)**	**C-12** Children develop abilities and sensibilities in visual and performing arts and express their emotions through art in meaningful and joyful ways.
13	August 21, 2026	**Solo Dance Competition**	**C-12.5** Communicates and appreciates a variety of responses while creating and experiencing different forms of art, local culture and Heritage.
14	September 11, 2026	**"Step by Step"** Students will do folding clothes activities. They will bring shirts and trousers from home and do this activity.	**C 3.3** Shows precision and control in working their hands and fingers.
15	September 18, 2026	**Table manners** Students will learn ● How to wear a bib/apron/place napkin on lap ● How to ask for things on the table ● How to properly hold a spoon and fork ● How to sit and behave at the table	**C- 1.5** Shows awareness and acts appropriately. **C- 1.1** Practices basic self-care and hygiene.

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16	September 25, 2026	**Swachh Bharat** Teachers will educate students about Swachh Bharat Abhiyan and the importance of cleanliness. Students will draw and colour on the above theme.	**C-C** Develops awareness and responsibility towards cleanliness, hygiene, sanitation, and environmental care.
17	October 9, 2026	**Future Journalists** Students will play the role of a journalist and they will give updates to their classmates with current news. Students will give a unique name to their news channel through which they will broadcast the latest news.	**C-10.7** Reads and comprehends the meaning of short news items, instructions and recipes, and publicity material.
18	October 16, 2026	**My Country India** **(Quiz Competition)**	**C -** Effective Information Retrieval and Application through Interactive Engagement.
19	October 23, 2026	**English Poem Recitation** **(Intra- Class Competition)**	**C-9.1** Listens to and appreciates simple songs, rhymes, and poems.
20	October 30, 2026	**Diwali Celebration** **Say No To The Crackers Rally** **Students will bring banners and posters for the rally indicating to celebrate Eco Friendly Diwali** ● **Rangoli Making Competition** Students will participate in a rangoli- making competition using different colors and flowers.	**C-6.1** Shows care and joy in engaging with all life forms. **C-12.4** Works collaboratively in the arts.
21	November 13,2026	**Children's Day Celebration** **"Tales of Wonder"** **Students will narrate stories based on moral values, fables, or personal experiences.**	**C-9.**6 Narrates short stories with clear Plots and characters.

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22	November 20, 2026	**FIT INDIA(YOGA/AEROBICS)** Students will prepare different asanas under the guidance of their yoga teacher.	**C- 3.2** Shows balance, coordination, and flexibility in various physical activities
23	November 27, 2026	**Junior Explorers** Students will do a science experiment under the guidance of their teacher.	**C- 7. 2** Observes and understands cause and effect relationships in nature by forming simple hypotheses and uses observations to explain their hypothesis.
24	December 04, 2026	**Hindi Handwriting Competition**	**C 10.3** Recognizes all the letters of the alphabet.
25	December 11, 2026	**ROAD SAFETY** Teacher will discuss safety rules and traffic signs. (A quiz will be shared related to the same.) Students will also prepare a poster on the theme—Road Safety‖.	**C- 1.5** Shows awareness of safety in movements (walking, running, cycling) and acts appropriately.
26	December 18, 2026	**Sing-Along and Caroling!** Students will prepare Christmas carols and present them during the special assembly in Decemmber.	**C- 9.1** Listens to and appreciates simple songs, rhymes, and poems.
27.	January 22, 2027	**Desh Bhakti Geet (Intra-Class Competition)** Students will sing patriotic songs dedicated to our soldiers and freedom fighters.	**C- 9.2** Creates simple songs and poems on their own.
28.	January 29, 2027	**Trash To Treasure** Students will collect clean waste materials (like bottles, cardboard, paper, etc.) and creatively reuse them to make something useful or decorative, such as a pen holder, bird feeder, or art piece. They'll design, build, and present their creation, learning about recycling and sustainability.	C- 12.3 Innovates and works imaginatively to express a range of ideas and emotions through the arts.
29	February 05, 2027	**Hindi Poem Recitation (Intra- Class Competition)**	**C-9.1** Listens to and appreciates simple songs, rhymes, and poems

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30	February 12, 2027	**Bandaging Basics (Theme-First-Aid)** The Teacher will explain to students about first-aid. Students will learn how to properly apply different types of bandages, such as adhesive bandages (band-aids) for small cuts and gauze wraps for larger wounds.	**C- 1.6** Understands unsafe situations and asks for help.
31	February 19, 2027	**Commencement of Safety week** **Physical Safety Emotional Safety Cyber Safety**	C-1.5 Shows awareness of safety (Physical, Emotional, Cyber)
32	February 26, 2027	**Safety Week with Culmination event** Teacher will divide and explain the safety topics into the following Sub-Themes **Emotional safety** : Teacher will create a feeling chart. Children will match icons to their current feelings and discuss with their classmates. **Cyber Safety** : Students will create posters with slogans like "Think Before You Click"	C-1.5 Shows awareness of safety (Physical, Emotional, Cyber)
33	March 2027	**RECAPITULATION** Classroom rules, Road Safety, Steps to wash hands, How to wear mask Precaution from infectious diseases around us, Table Manners and Toilet Etiquette.	

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